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## **COURAGEOUS TEENS VOYAGE THROUGH TIME**

*by Laurie A. Monroe*

*“As a participant in time-space, you perceive it and it is a reality to you. If you have not perceived any other energy systems, they are not real to you. However, you must consider that you have done so but they are not within your present awareness. It then becomes simply a matter of remembering.” ~ Robert A. Monroe, Far Journeys*

Our second *TEEN GATEWAY VOYAGE*®, which was held in July, was extraordinary for everyone involved. Some of the fifteen participants had attended the first *TEEN VOYAGE* in 1999. By the end of the week, all of them were able to feel and understand the concept “I am more than my physical body.”

Observing the teens’ reactions and comments was quite revealing. For some, although their belief systems were strongly challenged, their youthful flexibility allowed them to remain open to the prospect of “remembering” their essence. Others felt that their experiences were imaginary and questioned whether they were “real.” As the trainers gently guided them to see that it is “okay” to use imagination, their acceptance of their perceptions broadened. They began to remember their true nature and to comprehend that self-love is essential for their growth and existence in this physical reality. With exposure to Focus 12 came the ability to sense and recognize that which lies beyond the physical.

A special tape developed just for them took the teens on a one-of-a-kind adventure to the year 2020. Looking back from the year 2020 put a different spin on what they were experiencing here at the Institute. During the discussion following that exercise, they realized that they could contribute to creating humanity’s future and become partners in creating their own futures as well.

Tuesday afternoon the trainers and I took the group on a field trip to Monticello, the former home of Thomas Jefferson. They were asked to simply be open and receptive to whatever came and—if it felt comfortable—to move into Focus 12 while walking around the grounds. One participant was startled to feel “a heaviness, a heavy weight” upon his shoulders. He couldn’t identify the source. We later figured out that he was walking down Mulberry Row, where the slaves had lived in the 1800s, when that feeling surfaced. Interesting... since he had no prior knowledge of the Monticello layout or the nature of his location at the time. Was the “heaviness” a reflection (and possibly a validation) of tuning in to the nonphysical energies associated with the slave quarters?

Later that evening, I was scheduled to do a radio interview. At dinner, I asked the teens what they would say to someone who had never attended a *GATEWAY VOYAGE*. They eagerly gave me their comments, and I shared those that follow on the radio.

“No matter what your problems are, this program helps you to deal with them.”

“It is a life-changing experience.”

“It’s a voyage into you.”

“It’s an opportunity for you to reacquaint yourself with the one who should be your best friend—YOU.”

“It opened my mind; made me relax.”

“It clears the spiderwebs.”

“You make friends for life.”

At the end of the week we planted a tree together. The tree represented their strong connection to Mother Earth and their potential for unlimited growth. The inner strength the teens remembered during the week will always be theirs. They had come to realize beyond doubt that the real magic is found within them.

We are grateful to the parents who gave their children this opportunity for self-discovery. We hope that the *VOYAGE* experience will be a lifelong resource for the teens to tap into at need. Special thanks are due to each participant for having the courage to explore the greater part of who they really are. This group assuredly left an energetic imprint Here that will remain to encourage those who come after them.

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